

Advancing the Leading Edge in Orthopaedic Care

It's been an exciting year for The Orthopaedic Group, a practice that's widely recognized as one of New Haven's leading providers of both surgical and non-surgical orthopaedic care. In addition to Alan M. Reznik, M.D. and John F. Irving, M.D. being named by *Connecticut Magazine* for the second consecutive year as two of Connecticut's Top Doctors, the practice has added two new physicians, a new location in Milford and a host of new, state-of-the-art treatment techniques.

"We feel very fortunate to be able to provide our patients with an even higher caliber of orthopaedic care," says Dr. Reznik. "Our two new physicians are both very sharp, very talented clinicians who bring with them a new range of services for our patients."

Excellent Care, Outstanding Physicians

Christopher B. Lynch, M.D. and Shirvinda A. Wijesekera, M.D., the Group's new doctors, are both highly trained and experienced in the field of advanced orthopaedics. Dr. Lynch, a total joint expert, specializes in reconstructive surgery and, in particular, an innovative form of knee replacement called rotating platform knee surgery. Dr. Wijesekera is a spine specialist; he offers patients a minimally invasive method of treating spinal compression fractures called Kyphoplasty.

The advanced treatment provided by Drs. Lynch and Wijesekera is a very fine complement to the high caliber of care for which The Orthopaedic Group is known. Upper extremity specialist Richard A. Bernstein, M.D. lectures extensively on the treatment of hand and wrist fractures, including a new plating technique for complex wrist fractures

The Orthopaedic Group

and cold laser treatment for carpal tunnel syndrome. Richard A. Zell, M.D., who holds expertise in orthopaedic trauma and sports medicine, was awarded the 2004 Yale Orthopaedic Residents teaching award, which is given annually to the community attending physician who contributes the most to the orthopaedic resident's education. A leading authority in the non-surgical management of general orthopaedic disorders, Louis J. Iorio, M.D. has published original research on Ankle Replacement Surgery as well as review articles addressing reconstructive forefoot surgery.

World-Class Treatments, Community Locations

Like each of the other three office locations, The Orthopaedic Group's new site in Milford offers both x-ray imaging and physical therapy. "It's important to us to make orthopaedic care as easily accessible as possible," says Dr. Reznik who now offers a new technique for arthroscopic rotator cuff repair and a synthetic grafting technique for cartilage defects in the knee. An innovative design, the grafts can be precisely located into the diseased site and can even promote new cartilage growth.

Dr. Irving, who pioneered one of the leading two-incision minimally invasive hip replacement techniques, adds, "We're not just committed to providing our patient with a high quality of care, we're dedicated to restoring them to a high quality of life."

**For more information about
The Orthopaedic Group, or to find
the location nearest you, please visit
the Website at www.togct.com. To
schedule a consultation,
call 203-865-6784.**

Richard A. Bernstein, M.D.

- Adult and Pediatric Hand Surgery
- Surgery of the Upper Extremity

Louis J. Iorio, M.D.

- Office and Occupational Orthopaedics
- Disorders of the Foot and Ankle

John F. Irving, M.D.

- Minimally Invasive Two-Incision Total Hip Replacement
- Minimally Invasive Knee Replacement

Christopher B. Lynch, M.D.

- Arthritis Surgery, Total Joint Replacement
- Adult Reconstructive Surgery, Hip & Knee

Alan M. Reznik, M.D.

- Arthroscopic Surgery
- Orthopaedic Trauma
- Adult and Pediatric Sports Medicine

Shirvinda A. Wijesekera, M.D.

- Adult & Pediatric Surgery of the Spine
- Spinal Trauma
- Scoliosis
- Orthopaedic Trauma

Richard A. Zell, M.D.

- Arthroscopic Surgery
- Foot and Ankle Surgery
- Adult and Pediatric Sports Medicine
- Orthopaedic Trauma

THE
ORTHOPAEDIC
GROUP, L.L.C.



The doctors of The Orthopaedic Group, LLC, (L to R) Christopher B. Lynch, M.D., Richard A. Zell, M.D., Richard A. Bernstein, M.D., John F. Irving, M.D., Alan M. Reznik, M.D., Shirvinda A. Wijesekera, M.D. and Louis J. Iorio M.D.